



# 2011 Bodhiseed Summer School



From July 20<sup>th</sup>-23<sup>rd</sup>, Buddha Gate Monastery is excited to again offer the **Bodhiseed Summer School program for children ages 5 to 10**. The program utilizes the wonderful facility at Buddha Gate Monastery located at 3254 Gloria Terrace in Lafayette.

The Bodhiseed Summer School will offer creative theme days and activities to inspire children to learn about meditation and Buddhist practices. Students will begin each day with martial arts to exercise their bodies, and sitting and walking meditation sessions to help them quiet their minds and be introspective. The Abbess will tell them stories and lead discussions on topics that include respect, kindness, harmony, and honesty. These virtues are blended with self-discipline classes like folding clothes, clean-up, cooking, calligraphy, and scout training and eco-friendly projects such as fixing umbrellas, weeding and planting. They will also learn basic Chinese during the break time.

The programs are designed and supervised by the Buddha Gate Monastery Dharma Masters and volunteer members. The hours are from 9:00 am to 2:30 pm, or the extended option of 9:00 am to 4:30 pm. For parents that need more flexibility, the monastery childcare is open at 8:00 am. Children are offered a **hot vegetarian lunch and two snacks daily**. Please let us know if your child has specific food allergies or needs a special diet.

The registration deadline is July 15th. Our space is limited. Those who can attend all four days of the program will be given priority. Your registration is only complete when the application and emergency forms have been submitted. **You will be notified of your application's acceptance by email or phone**. The programs at Buddha Gate Monastery are free of charge. However, donations and voluntary help are appreciated.

At the Bodhiseed Summer School, we hope to plant the Bodhiseed (seed of enlightenment) in children's minds to develop a better sense of their moral compass, and simply have fun! We look forward to a wonderful experience for your child this summer.

\* Children ages: 5 to 10

\* Location: 3254 Gloria Terrace, Lafayette, CA.

\* Date: **7/20 ~ 7/23 (Wednesday~Saturday)** \* Tel: (925) 934-2411 Fax: (925) 934-2911

\*Time: 9:00am to 2:30pm, or 9:00am to 4:30pm.

**Application available** at Buddha Gate Monastery Reception Desk